



Fruit and Yogurt Parfaits

from The School House Bed + Breakfast in Historic Rocheport, MO

Ingredients:

Granola Layer:

Any purchased or homemade baked granola or granola type cereal.

Fruit Layer:

3 cups of several types of fresh fruit, cut into 1" pieces (e.g., mango, kiwi, pineapple, strawberries, seedless grapes, pears, peaches, blueberries, etc.)

Yogurt Layer:

8 oz Vanilla or fruit flavored yogurt such as Lemon or Strawberry

Garnish:

6 small perfect fruits, e.g., raspberries, strawberry halves

Directions:

Layer fruit, granola and yogurt in a champagne flute.

Repeat, ending with yogurt.

Garnish with fruit on top or on side of glass.

Serve with iced tea spoons -- they are good to the very last bite!

Serve these in footed glasses or Champagne flutes to show off the beautiful layers.

Everything you need to book your next stay at the School House is available at:
www.schoolhousebb.com